I can hardly believe it. I have been the editor of this newsletter for 10 years! It’s been a fun job so far and I’m looking ahead to a few more years as your Public Information Director. All things however, need an occasional sprucing up. Changes are coming to our national and state organization so now is the time to revise the look of the newsletter and web site.

My feeling of the need for some changes are seated in professional growth I experienced as one of the WAFCS representatives to the AAFCS Leadership Conference last fall. Following the two-day conference in Indianapolis I felt a new connection with our national association. I learned about the value of belonging to AAFCS, and how we can become stronger FCS professionals. Realizing that I have not been doing my best to meet the needs of WAFCS members in my job, and feeling so empowered by that meeting that upon arrival at home, I wrote out my commitment to work to do my part in making WAFCS a better professional association. One way I can meet my commitment is by updating the newsletter and the website. This, and future issues, will include news from AAFCS and other FCS organizations as well as more in-depth information from our own.

Feedback — A Powerful Tool
Making changes does not come easy for any of us. Knowing that it’s needed is one thing, but forging ahead is another, especially when you are not certain what path you are going to take. However, this is an organization of professionals with needs, not a single person deciding what those needs are. So, I’m looking for feedback from all of you. What would you like to see in the newsletter? What would make the web site more useful to you?

If you have suggestions, please contact me! You can reach me by phone at (509) 922-7563, by mail at 17416 East Alki, Greenacres, WA 99016, or by email at wafcsid@msn.com.

Updating is a multi-step process; it will take several issues for me to “get it right.” I hope that you will assist me by using the powerful tool of feedback. Let me know what you think of the changes, and what you’d like to see included in the future. It is, after all, your voice too.

Donna Graham, WAFCS Public Information Director

For most Family and Consumer Sciences professionals, their work, or how they practice is not just a career; it is a “calling.” The essence of the “soul” of the professional is our attitude and perspective, our feeling that we’re making a meaningful contribution and that we have a vision for the future we’re trying to create.

2001 ~ Carol L. Anderson, Sharon Y. Nickols
A quote from a collection compiled by the Illinois AFCS in honor of the AAFCS Centennial.
From the Desk of WAFCS President Eileen Knobbs

Wow, a new year and a new President. In 2009, President Obama is still dealing with issues that the AHEA founders were concerned with in 1909. These founders began the course for the future of AAFCS with issues such as water quality, food safety, financial stability, housing, family advocacy, consumer rights and protection. Optimal quality of life is still an issue for households, communities and society as a whole. Our work is still relevant to the future of society.

This year the annual conference is our centennial celebration in Knoxville Tennessee June 25-28th. AAFCS wants to extend the 100 year celebration to as many FCS professionals as possible by giving member registration rates to all non-members as well. The lowest cost early registration ends April 1st. If you ever wanted to go to an annual conference, this is the year! The motto, “Be One, Bring One,” says it all...come to the conference and bring another member or non-member professional with you, all for the same registration cost. Let’s see how many we can bring from Washington State, including student members, who were well represented last year.

After our last annual meeting, Donna Graham and Diane Grossenbacher attended the AAFCS Leadership Conference in Indianapolis, Indiana. Donna says it was life changing for her. Because of their expertise, they were asked to hold a session on affiliate administration.

Our board met in January with a teleconference across the state. Because of the enthusiasm of Donna, we will be working on a strategic plan to align ourselves with the national mission statement. The planning committee has already met several times.

Donna and I both participated in a national AAFCS teleconference February 17th. We all shared what we were doing for our local centennial celebrations and received some good ideas in return.

Please note, if your school district is having difficulty maintaining FCS courses, or your program is in danger of being cut, please contact Marilyn Swerk, incoming AAFCS President Elect. Those programs in immediate danger can obtain support from AAFCS with two letters on AAFCS letterhead with signatures from the national board. Please e-mail Marilyn Swerk at msinnovate@aol.com for further information.

A new membership benefit is AAFCS Community Corner which replaces sections and divisions as of May 1, 2007. It’s an online membership of professionals and students, and currently includes 14 AAFCS Communities. Some examples are Apparel, Design and Textiles, all levels of Education, Global Perspectives and Quality of Living. You can participate online by initiating a discussion, sharing materials, or reaching out to the leader of your Community(ies) to see how you can help. All AAFCS current members can join one or more of the online Communities. So get involved and read about how to join or start your own community at www.aafcs.org/about/communities/index.html.

At last fall’s conference, we encouraged members to write an anecdote about themselves or their families to be included in a black leather notebook to be stored in our archives. Some of these stories were shared at the banquet. At the 2009 Annual Fall Conference in Wenatchee, we will continue with this effort. I would love to have your stories in your own handwriting and signed by you! Remember, they can be about your life and your family history. They don’t have to be just about your career. Your life lessons have an impact on the future and should be remembered in this centennial year. See the web site www.wafcs.net for a copy of the form. You can fill it in and send it to me or bring it in October. Call me at 425-885-1380 if you have any questions or email me at Rob_knobbs@msn.com. My address is 2901 124th Pl. N.E. Bellevue, WA. 98005.

Here’s a sample story: “During WWII, My Mom, who is now 95, had a victory garden in the parking strip of my parent’s tiny Queen Anne apartment. She grew peas. At that time, John Marshall Jr. High had a room where community members could come and can their victory garden produce. I imagine that it was probably the Home Ec. Room. Everyone made fun of my Mom because she only got two pints out of her crop. When my parents tried to eat the peas, they were too bitter to eat and had to be tossed. My Mom is a farm girl too. I retired from John Marshall last year, teaching part time in Teen Parenting and the school was closed permanently as one of Seattle’s cost cutting measures.”

As in the past, times are tough for many of us. We have weathered the storm before and there is great hope for the future since we have been through a very inspiring election and inauguration. I hope that Family and Consumer Sciences can be of help to all of us, especially those in need.

Take care of yourselves, too, because I know you are taking care of everyone else.

Eileen

The WAFCS Newsletter

Official Publication of the Washington Association of Family and Consumer Sciences

Thank you to the members who contributed to this issue of the Newsletter

The newsletter is published twice annually. Submission of articles is appreciated and welcomed by the Executive Board and the Editor. The deadlines are February 1 and August 1. The newsletter is mailed approximately six weeks after the deadline. If you would like to contribute articles, send them to:

Donna Graham, WAFCS Public Information Director
17416 East Alki, Greenacres, WA 99016-9364
wafcspid@msn.com

Thank you to the members who contributed to this issue of the Newsletter.
Our Affiliate in Action

Strategic Planning: What is it and why do we need it?

Exactly what is a Strategic Plan? One definition is “a tool that provides guidance in fulfilling a mission with maximum efficiency and impact.” If it is to be effective and useful, it should articulate specific goals and describe the action steps and resources needed to accomplish them. As a rule, most strategic plans should be reviewed and revamped every three to five years.*

AAFCS develops and implements a strategic plan every five years. The most recent one developed is for the years 2008-2013. It was developed to shape the Association’s future by being fully integrated into its operational structure. In essence, the strategic plan is a method of staying tuned in and implementing the action plans for the future. It is the method of arriving at the annual Program of Work.**

The Executive Board approved a proposal in January for the formation of a committee to write a 3-5 year strategic plan for WAFCS. Committee members are Eileen Knobbs, Karen Bergh and Donna Graham. The committee was charged with determining membership needs and wants and to formulate them into tangible goals.

Formulating a strategic plan is a multi-step process which will require input from many sources, most especially the membership. In the coming months, the committee will be looking to WAFCS members and other stakeholders for their input of how the association can best meet their needs. The Strategic Plan will only be a useful tool if we are on target and address important issues of our organization. If you have concerns or issues that you think the committee needs to address, or would like to participate in the strategic planning process, please contact Donna Graham at (509) 922-7563 or wafcsfid@msn.com.

*Ten Keys to Successful Strategic Planning for Nonprofit and Foundation Leaders: A Briefing Paper. TCC Group 2002

**AAFCS Strategic Planning Guide, approved by the AAFCS Senate, June 2008

Dates to Remember

April 30 2009—2010 Officer Elections. Be sure to fill out and return your ballot by April 30!
May 29 & 30 Spring Executive Board Meeting, Beryl Lenington-Jones’ cabin on the Naches River
June 1 Scholarship applications due
June 25-28 AAFCS Annual Convention & Exposition, Knoxville, Tennessee
Aug. 9-12 WA-ACTE Summer Conference, Yakima
Sept. 1 Annual Award Nominations due
Oct. 25 WAFCS/FACSE Pre-Conference Events
Oct. 26-27 Annual Fall Conference, Wenatchee Convention Center

Future AAFCS Annual Conference & Exposition Site June 24-27, 2010 Cleveland, OH

Remember...when you need up-to-date WAFCS information, be sure to check the web site!

wafcs.net

Honor a Special Person or Organization at the 2009 Annual Fall Conference

Do you know an individual or group deserving one of the WAFCS Awards? Why not nominate them and have them honored at our Centennial Celebration at the annual banquet? The 2009 Annual Fall Conference will be a perfect time to recognize Family and Consumer Sciences professionals, individuals, and groups who have made significant contributions to the quality of life of individuals, families, and communities in our state.

Nominations are being accepted for the following categories:

- Family and Consumer Sciences Teacher of the Year
- Family and Consumer Sciences Professional of the Year
- WAFCS Research Scientist of the Year
- Group Contributing to the Betterment of Families
- WAFCS Honorary Member
- AAFCS Achievers Award

The criteria for the awards is listed on the WAFCS website at www.wafcs.net. For an application or additional information, contact: Susan Martin at (509) 454-3127 or slmartin@yvn.com

Nominations are due September 1, 2009

Family & Consumer Sciences Undergraduate Students: We have scholarship money for you!

WAFCS is pleased to announce two Undergraduate Scholarships of $500 each for the 2009-2010 academic year. To be eligible for this scholarship, applicants must:
- Be a full-time undergraduate student as a junior or senior in 2009-2010 at an accredited college or university in Washington State with a major in Family and Consumer Sciences.
- Have a cumulative GPA of not less than 3.0.
- Demonstrate leadership and participation in professional and community activities.
- Be a member of AAFCS/WAFCS.

Application information is available in the Family and Consumer Sciences Departments of colleges and universities throughout the state, on the WAFCS website, and by contacting:

Susan Martin at (509) 454-3127 or slmartin@yvn.com

Application Deadline: June 1, 2009
PRESIDENT-ELECT: Susan Webber
Susan Webber was a Family and Consumer Sciences Educator for Prosser School District from 1973-2003. For twenty-three years Susan has been Part Time Guest Services Representative for Columbia Crest and Snoqualmie Vineyards. Her 1973 B.A. is from CWU and her 1980 Masters is from WSU.

Susan has filled most positions on the WAFCS Board at least once and has served two previous terms as President-Elect during her thirty years of WAFCS/AAFCS membership. Susan is a leader in WSSRA of Lower Yakima Valley serving terms as VP, President, and E-5 Board Representative.

Prosser Chamber of Commerce has honored Susan as “Prosser Woman of the Year.” She has chaired the Prosser Wine and Food Fair and has held many other community positions. Among other things she has been Business Manager, Producer, Costume Manager, and a Performer in Musical Productions for Valley Theatre Company and Over the Hill Theatricals. She has received the “Pat Osland Award.” Beta Sigma Phi has also chosen her as “Women of the Year.”

Susan writes, “Celebrating the Past, Sustaining the Future’ is the AAFCS Theme for 2009. I currently work for a winery that practices sustainability every day. How exciting it will be to work on solutions for current sustainability issues in homes, schools, and the workplace.”

*CO-VICE PRESIDENT FOR PROGRAM DEVELOPMENT: Mary Bova
Mary Bova earned her B. A. in Home Economics and Science from the University of Washington. Her teaching and vocational certifications are from CWU and her Masters of Instructional Technology is from City University. She worked for Nordstrom for eight years before entering education as a Para-Educator in Sumner. She has taught Vocational Family and Consumer Science in Puyallup for the last twenty years during which time she has had some excelling FCCLA groups.

Mary has been part of Tacoma Council Camp Fire as a paid Recruiter, Youth Day Camp Assistant Director, and a long-time Group Leader.

Mary writes, “After years of building a career, raising a family and being an active community member I would like to share some of my time with the professional organization that so closely practices my beliefs. WAFCS has been actively developing leaders for a long time and I feel it is time for them to toot their own horn. We need to develop, share and ‘brag’ about our projects and successes in our communities.”

*CO-VICE PRESIDENT FOR PROGRAM DEVELOPMENT: Denise Green
Denise Green has been an active member of our organization for 33 years beginning with her time in College as President of her student affiliate of AAFCS. Denise has a B.S. with a major in Food and Nutrition from the University of Incarnate Word, a private Catholic Liberal Arts School in San Antonio, Texas. During many of her work years she was a Diet Technician working with patients in the Cancer, Internal Medicine, OBGYN, and Labor and Delivery Wards at Madigan Hospital.

Denise has been a substitute teacher in grades K-6 for Dept. of Defense in Germany. She taught 3-4 year olds at her Protestant church for eight years and during another stretch of eight years taught the 5-6 year olds. She teaches Mothers of Pre School Children on Fridays. She continues to do lots of other volunteer work for her church such as visiting those in need.

Denise has been President and Vice President of Friends of Graham Library.

Denise would like to encourage all people in our field to join our organization. She would work to spark interest and inform others of the benefits of WAFCS and AAFCS.

*CO-VICE PRESIDENT FOR PROGRAM DEVELOPMENT: Idona Kellogg
Idona Kellogg has served as a Co-VP for Program Development since 2007. She has been WAFCS Nominations Chair since 2001 and has talked many outstanding candidates into accepting WAFCS leadership positions. She also served on the WA-FACSE Board from 1996-2000 while creating and distributing the FACSE Membership Directory.
Before retiring in 2007, Idona taught Family and Consumer Science classes for 41 years mostly at the junior high level but the last five years at the high school level while doing retire/rehire work. She was awarded the Edgemont Junior High Golden Acorn Award in 1994 and again in 2001 for getting her students involved in many community service activities and for PTSA participation by her classes.

Idona received her B.S. in Home Economics in 1963 and a Masters of Education in Guidance and Counseling in 1966. Both were from the University of Idaho.

Idona hopes FCS professionals throughout Washington will contribute their wealth of experience and abilities to help “Celebrate the Past, and Sustain the Future” of Family and Consumer Sciences as we celebrate our 100 year anniversary Oct. 25-27 in Wenatchee, WA.

*Mary Bova, Denise Green, and Idona Kellogg* would like to fill the position of Vice President for Program Development as a team.

**SECRETARY: Karen Bergh**

Karen has worn many hats in her career as an FCS Professional. She taught in secondary schools for 32 years, followed by her position as adjunct professor in FCS at SPU and a visiting lecturer and FCS Teacher Certification Program Manager for CWU. Karen graduated from WSU with a B.S. in FCS Education and received her M.Ed. in Interdisciplinary Specialization and Youth at Risk from Lesley University.

Karen has served WAFCS as Co-VP for Program Development & Implementation. She has been WAFCS Secretary for the past six years and we are thankful for the continuity she provides. She has also been a presenter at AAFCS Annual Meetings.

Karen writes, “As we approach the 100 year celebration of our profession, we are in the midst of change at all levels of the organization. I would like to continue to be involved in shaping WAFCS to meet the changing needs of the membership.”

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**Washington Association of Family & Consumer Sciences Ballot**

**Ballots must be received by the Executive Director on or before April 30, 2009.**

**Please check your choice for each office**

**PRESIDENT-ELECT**

_____ Susan Webber  
_____ Write in __________

**Co-VP Program Development**  
**(Vote for 3)**

_____ Mary Bova  
_____ Denise Green  
_____ Idona Kellogg  
_____ Write In __________

**SECRETARY**

_____ Karen Bergh  
_____ Write In __________

We are making it easy for you to pick your WAFCS Leaders! Vote in one of two ways:

**Mail** Your Complete Ballot to  
Diane Grossenbacher  
WAFCS Executive Director  
6911—189th Pl. SW  
Lynnwood, WA 98036-4122

OR

Log onto www.wafcs.net, download a ballot, fill it out and **email** it to Diane at  
wafcs@msn.com
Over 250 FCS professionals attended the Annual Fall Conference in Yakima last October. The conference kicked off with several Pre-Conference Events including a Welcome Tea on Sunday afternoon followed by a Taste of Yakima featuring local foods and wine and a presentation by Andy Gamache, the winemaker for Hyatt Winery. On Monday morning, Carolyn Schactler opened her home for a style show of her original designs. The conference, beginning with lunch on Monday and concluding with lunch on Tuesday, featured outstanding keynote speakers Alan Walker and Donna Schofield and diverse breakout sessions covering FCS topics. One of the focal points of the conference were Monday evening’s activities. Thanks to the number of items donated, the lively Silent Auction raised over $1500. Following the auction was the banquet, hosted by Eileen Knobbs, WAFCS President. The theme was Generations, featuring an old-time radio show format where people shared stories about people and events that influenced their lives. The highlight of the evening was when Betty Lea Trout talked about the first time she met Dr. Alberta Hill, and then she proceeded to teach us what Alberta had taught her at their first meeting — how to do the hula!
Maureen Mold of Yakima was awarded an honorary membership of WAFCS at the 2008 Fall Conference Banquet.

While Maureen has spent her career working with children of all ages, her biggest contribution has been to develop programs that enhance the lives of these children.

In 1984 she was on the staff at EPIC Head Start in Yakima. There she developed a preventative mental health program called “Special Friends”. A para-pro, under the supervision of a mental health consultant, used play therapy with children who exhibited anti-social or non-compliant behaviors in the classroom. Cozy places were set up outside the classroom, with play therapy materials where the child was given extra one-on-one attention, time, encouragement and acceptance by the para-pro. The child was also taught social skills so that they could be a friend and make friends appropriately. Maureen took this concept with her when she moved to the Carroll Children’s Center and implemented it there.

While at Carroll Children’s Center, she wrote and received a grant from Washington Association for the Education of Young Children to successfully integrate children with special needs into the typically developing classroom. The Center was the first childcare center in the state to have such a program. That program was then expanded to a Saturday respite program including the entire family and was called “SKIP” (Special Kids Integrated in Play). All children in the family attended the program, where a mental health consultant discussed with the “normal” children their feelings about living with a special needs sibling. She also created opportunities for developmentally delayed persons and teens and displaced adults to volunteer at the Center.

In 1995 Maureen attended a “Clown Camp” at the University of Wisconsin. From then on, she has used her clowning to bring smiles and “a message” to children and adults in the U.S. and all over the world.

Since 2004, she has written, directed, produced and performed original clown assemblies with other clowns at many schools in Yakima and Central Washington, reaching over 55,000 children. Their messages included prevention of bullying and drugs, staying safe and making friends. Some of the concepts taught were on building confidence, using words instead of fighting when angry and how to stay safe on the bus, road and by water. All of these assemblies include active participation with the audience wrapped around songs, magic and funny clown antics.

Maureen has had Type I diabetes since the age of five. She lost her sight at the time of her daughter’s birth and is now “legally blind”. Her degree is in Special Education (with a minor in Psychology and post-graduate work in Early Childhood Education) and a master’s in Therapeutic Recreation.

In addition to her compassionate clowning, Maureen is a motivational speaker and trainer. Her presentation, “Laugh for the Health of It”, presents ordinary situations in a fun, humorous and hopeful learning experience. She encourages the use of humor in the workplace to relieve stress and enhance teambuilding. Another presentation enlightens educators and parents on how to develop humor in young children is called “Fun and Giggles from Birth to Eight”. “Enhancing Literacy Through Creative Movement and Rhythms” is designed for teachers and parents of children preschool through second grade. And “Encouraging Human Connection by the Way We Speak” discusses communication techniques that focus on teambuilding, work and family relationships, attitudes, and even puts a new twist on discipline. Maureen presents on other topics designed to meet the theme and needs of the audience. She also preaches and presents as a retreat facilitator.

At the 2008 International Textile and Apparel Association conference in Chicago, Carolyn Schactler received the Apparel Design research Award for “Effective use of an Historical Inspiration” entitled “A new home for a Vintage Velvet”.

Carolyn had been given a piece of burned-out silk velvet that had been part of a garment worn during the WWI period. The piece, in mint condition, has a beautiful floral design done in marcasite beads, and Carolyn’s goal was to create a new home for it by designing a garment around the piece, giving it a “new home”.

The basic dress fabric is a luscious blue woven silk with a black floral design. The velvet piece falls down the back from the shoulders, cupping in slightly under the hip where a layer of crocheted rayon lace flares out around the hip creating a typical layered look of the “teens”. A beaded tassel decorates the point of the cowl at center front. All the design components reflect the popular styles of the “teens” and the design influences of the designers of that time.

Carolyn received ITAA awards for “Excellences in Draping Techniques” in 2006 and in 2005 as well.
**AAFCS & WAFCS Membership Benefits**

**Get More For Your Membership: Join an AAFCS Community**

Prior to 2007, when professionals joined AAFCS they identified themselves with a Section (i.e., Business, Education, Extension, what most closely defined their employment setting), and a Division (i.e., Apparel & Textiles, Nutrition, Family Relations, their primary area of expertise and interest). Following the study and recommendations of *Transforming AAFCS: A New Era of Action*, Sections and Division were dissolved and replaced with AAFCS Communities. Quoting from the recommendations:

“In connection with the overall transformation of AAFCS to become a more streamlined, nimble and effective organization, the Board approved a recommendation for a new process allowing members to form like-minded Communities of Interest/Practice...defined as “Networks of people—small and large—who come together to share ideas with and learn from one another in physical and virtual space. The communities are held together by a common purpose or mission. They are sustained by a desire to share experiences, insights and best practices.”

AAFCS Communities serve as a conduit of professional action, dialogue and promotion of the AAFCS mission. There are specific rules governing the formation, governance and dissolution of an AAFCS Community.

When you attend any FCS conference, there is always an excitement generated when you network with like-minded professionals. AAFCS Communities give members a chance to continue the conversations started at those conferences without leaving home! Sue Byrd, Community Coordinating Team Leader, stated in the August 2008 issue of The FACS: “Joining a Community is as simple as going online to the Community website and seeing what is happening with a Community in which you are a member or one in which you would like to be involved. Find out what the planned actions are and see how you can participate.”

To date, 13% of AAFCS members have joined at least one community online. Currently there are 15 AAFCS Communities for you to get involved in. Whether you are an FCS professional, past professional, or student, there’s an AAFCS Community suited to you. You can join one, or join them all; involvement is included in your AAFCS membership dues.

So get involved. Read about how to join or start a Community at www.aafcs.org/about/communities/index.

Need more convincing? Come to the AAFCS Annual Conference and see first-hand what AAFCS has to offer!

**Is Your Secondary Program at Risk of Being Eliminated? Tools from AAFCS Can Help!**

Although Family and Consumer Sciences (FCS) classes provide critical life skills to students, some school districts will eliminate these classes and others not seen as part of the “core curriculum” when they are faced with budget cuts. To help you keep these classes in schools, AAFCS is providing resources that demonstrate the value and depict an accurate and positive image of FCS classes.

Originally created by Marilyn R. Swierk, AAFCS President-Elect, a one-page FCS secondary school fact sheet is now included in the PR/Media Tool Kit. It can be downloaded from the Tool Kit, which is posted in the AAFCS Web Portal at www.aafcs.org. You will see the PR/Media Tool Kit link in the Members-Only section of the Web Portal. Use this fact sheet whenever you want to demonstrate the value and importance of family and consumer sciences classes. If you are an AAFCS member, and your program is in danger of being cut, AAFCS will provide a customized letter of support that you can send to key decision makers, along with the fact sheet and other support materials you may have. Members may request a letter of support by emailing pr@aafcs.org or calling AAFCS at 1-800-424-8080.

You may also want to consider purchasing copies of the FCS Showcase Edition of the *Journal of Family & Consumer Sciences* with examples of outstanding FCS programs. If ordering fewer than 25, the cost is $10 each. Email pr@aafcs.org to order.

Excerpts taken from the March 2009 issue of The FACS and the Media Tool Kit from the AAFCS website.

**FCS and the State Legislature: 2009 Bills to Watch**

The 2009 Washington State Legislature is considering several bills which will impact Family and Consumer Science programs at the secondary level. Two of the most critical are:

- Senate Bill 5593—Concerning state funding of student career and technical education organizations (FCCLA). Companion bill: HB 1697
- Senate Bill 5676—Providing career and technical education for middle school students. Companion bill: HB 1356

For more information about legislation being considered this session, log onto the WA-ACTE website at http://www.wa-acte.org/legissues.html

Keep informed and contact your representatives to let them know your opinion.

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This article was compiled from *Transforming AAFCS: A New Era of Action*, and the August 2008 and March 2009 issues of The FACS.
Celebrating the Past & Sustaining the Future

WAFCS/WA-FACSE Annual Fall Conference
October 25, 26, & 27, 2009
Wenatchee Convention Center

Keynote Speakers:

Pam Young
The Brat Factor

Joyce Miles, CFCS
Ellen Swallow Richards Historian

Conference Highlights:

Pre-Conference Activities
Breakout Sessions
The Silent Auction
WAFCS Awards Banquet

If you can’t join us for the entire conference, come just for the banquet!

Put on your Glitz, Glamour and Bling and take a walk down the red carpet for a Night with the Stars

Online registration with THRIVA begins Mid-Summer
Mail in registration begins Late Summer

More information will be posted on the website as it becomes available. Watch your mailboxes for a Conference Flyer in June.
Celebrate the Centennial of Family & Consumer Sciences

AAFCS and WAFCS are encouraging all their members to participate in the Centennial activities of our profession. Many can be done from work, in your community, or from your home. Browse through the possibilities on these two pages and pick one, two, or all of them to participate in!

Connecting Generations Through Family & Consumer Science

Celebrate the past, honor our predecessors, cherish our memories, and prepare for the future 100 years. Re-ignite the spirit that gave birth to the profession and association nearly 100 years ago. Share a story about yourself or your family: something about what makes you the person you are! Tell a bit of your family history or what influenced you to become an FCS professional. Write your story on a sheet of 8-1/2” x 11” paper and sign it. Send it to Eileen Knobbs, WAFCS President, 2901-124th Pl. NE, Bellevue, WA 98005. The collection of stories and letters will be compiled into a Commemorative Notebook. One will be sent to the Washington State Archives in Olympia and a copy will be sent to Cornell University to be included in the AAFCS Archives.

Ellen Swallow Richards Stamps

AAFCS has contracted with www.zazzle.com to produce commemorative stamps. The stamps are legal for use as US postage. They are available in several sizes, and you choose the denomination. The illustrations on the right show the two available pictures: Ellen Swallow Richards or the AAFCS Centennial Logo. Visit www.zazzle.com and type “AAFCS” in the search box to find the available designs. Select the design, size, and denomination, and click purchase! The few cents more per order that you pay goes to the AAFCS Centennial Celebration Fund.

Second Century of Helping  A Family & Consumer Sciences Service Project

An appropriate way to honor our history of service to families and communities is to use our expertise in volunteer service. This proposal offers an idea for FCS students and professionals to commemorate our first century of accomplishments with a year of volunteering. The title “Second Century of Helping” acknowledges the beginning of our second century of service. This project potentially includes significant media interest and is an opportunity for renewed member involvement.

The primary criterion for inclusion will be application of FCS expertise, while identifying oneself as an FCS professional, in volunteer service. AAFCS affiliates will encourage such volunteering and will compete to devote the greatest number of hours during the year, and most hours per member during the year. Individual members will log onto a website to record and describe their volunteering during the centennial year. Results will be tabulated continuously and available for everyone to view.

The nationwide goal is at least 100 hours per affiliate, yielding 5,000 total hours of community service for our centennial year. Affiliates with outstanding “Second Century of Helping” accomplishments will be recognized at the 2009 AAFCS Annual Conference.

Currently, Washington State has logged 499 hours. Our ranking is #6...but that is a decrease of our previous ranking of #3! Washington professionals have long-standing records of volunteering; we just neglect to tell anyone. Here’s your chance. Log onto http://www.fcs.uga.edu/ext/aaafcs/index.php, click on Washington State in the map and log your hours. If you have problems, contact Donna Graham at (509) 922-7563, or wafcsplid@msn.com and she'll help you log your hours.
Be One ~ Bring One: Are You Going?

AAFCS has issued the challenge of “Be One ~ Bring One!” Each member is encouraged to attend the 100th Annual Conference in Knoxville and bring another person with them. Are you attending, and who are you bringing with you?

Need more information?
Contact AAFCS at 800-424-8080 or log onto their website at http://www.aafcs.org/meetings/09/index.html

Need a roommate in Knoxville?
Planning on attending the conference but want to save $$$ on accommodations? There are WAFCS members looking for roommates. If you haven’t found one yet, contact Donna Graham, WAFCS Public Information Director. She’ll connect you with others who are looking to share the cost of a hotel room. Call her at (509) 922-7563 or email her at wafcspid@msn.com.
Remember to Vote!
All Ballots must be received by April 30, 2009!
**Mail** Your Complete Ballot to
Diane Grossenbacher
WAFCS Executive Director
6911—189th Pl. SW
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or
Log onto www.wafcs.net, download a ballot, fill it out and **email** it to Diane at wafcs@msn.com

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Important WAFCS Election Information Inside!

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